



### **Band Bio:**

Atlas Rhoads was formed in 2013 by Vocalist Lauren Dorr, Timothy Riordan (Guitar/Vocals), Justin Smith (Lead Guitar) and Eric Blais (Drums/Percussion). Combining influences like Sigur Ros and Coldplay with their tremendous talent, they have created a sound that is hauntingly beautiful. Their music, which can only be described as Symphonic/Indie/Gospel-Inspired/Rock, has broad cross-genre appeal.

“Our mission is two-fold:

- 1) To worship the Creator of the world through creating beauty.
- 2) To impact our world through this art; songs founded on the truths of the Gospel. We strive to use thought-provoking lyrics and captivating compositions that accompany the emotional depth of each word; music that will edify the Church, and pierce the heart of any human.”

**New Single “Here We Go Again” – Available Now!**

**Album: “I’m Just a Child” – Coming January 2018**

**Label: Raging Storm Records**

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**Social Media:**

**[www.facebook.com/atlasrheadsmusic](http://www.facebook.com/atlasrheadsmusic)**

**On the Web:**

**[www.atlasrroads.com](http://www.atlasrroads.com)**

**[www.ragingstormrecords.com/atlasrroads](http://www.ragingstormrecords.com/atlasrroads)**



## “Here We Go Again” – Lyrics:

### Verse 1

I dreamt through the night  
I blame the alarm,  
But it's all in my mind  
Oh, what's wrong with me?  
I want to be free

### Verse 2

I feel this cold resistance  
Eating away at who I'm born to be  
God, I want to be free  
A dark gravity

### Verse 3

It seems those little demons  
Have come out to play again with me  
Oh, I wanna be free  
I wanna be free  
What's wrong with me?

### Chorus

A vicious cycle wars within  
A battle I can't seem to win  
Here we go again. Here we go again.

Life is slipping from my veins  
And I'm the only one to blame. Here we go again.  
Here we go again. Here we go again.

### Bridge

But oh, there is hope within the fight  
The struggle brings one truth to light  
A dead man does (cannot) not fight  
He's forsaken life

What you feed will truly grow, what you starve will  
surely die.

Resistance won't survive  
It must not survive

### Chorus

A vicious cycle wars within  
A battle I can't seem to win  
Here we go again. Here we go again.

A vicious cycle wars within  
A battle I can't seem to win  
Here we go again. Here we go again.

Life is slipping from my veins  
And I'm the only one to blame. Here we go again.  
Here we go again. Here we go again.

## About the Single – “Here We Go Again”:

This song came from a deeply rooted reality that each of the band members face in different ways. I believe when a human presses into a relationship with the holy Creator of the world, the journey of sanctification and the pursuit of holiness is met with a very heavy and violent battle of the flesh. I believe the awareness and hatred of the flesh directly correlates to one's nearness to and love for the Father. I think that's what we were experiencing during the season of writing this song.

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The battle may look very different for each Christian...whether it's fighting the lust in your eyes, facing depression, fear, laziness...or whatever it may be. “Here We Go Again” simply portrays the life of a follower of Jesus, and the many monsters we agree to face in this beautiful journey of KNOWING Him. There is a specific line I would like to highlight: "But oh, there is hope within the fight, this struggle brings one truth to light; a dead man does not fight, he has forsaken life. What you feed will truly grow, and what you starve will surely die. Resistance won't survive, it must not survive."

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Simply stated, the reality that we ARE facing this "resistance" should bring hope and joy to our spirits. James encourages us by saying, "Find it pure joy my brothers when facing trials of various kinds." The second line in the bridge was inspired by the story of the two dogs that were always fighting each other (one was named spirit, and the other named flesh). The man who owned these dogs was once asked "which one of these dogs wins the fight?" He responded, "the dog I feed the most." Run the race, hold onto Hope, and press into Jesus.

